

# “Let’s do it!”

Recommendations concerning student-mobility  
for secondary schools

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Tasks for organisations & project-leaders concerning

## “EXCHANGES FOR ALL”



European  
Regional  
Development  
Fund





## Introduction by school-leader Jan Axelsen, Sophieschool

Previously known as Fjordschool,  
Guldborgsund (DK)  
- Lead-partner for "Let's do It"

Sophieschool has now for a row of years been involved with international projects – why?

The answer is in fact quite simple: It provides an added value to our core services, which is culture and education of the future citizens.

We are living in a globalized world, where it is necessary to know well each other's similarities and differences.

Our mobility, cultural understanding and communication-skills are essential factors, if we shall continue with having success as a small independent country, which is surviving by trade and is gaining from being a part of cooperation-agreements with other countries.

The personal meeting with a structure, which puts something at risk, is the frame, the idea, of all the projects, we as a school are participating in. The creative, artistic, activities offers possibilities of different learning-environments than the traditional classroom-teaching.

Dance, drama, music, visual arts together with thematic discussion in the joint language "English" is to a high degree challenging the participants on their personality.

We can as school only encourage that you start exploring the possibility of taking part or of creating new international projects, because everybody will gain from being an active part of the global family, where trust, curiosity and interest in cooperation are key values.

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## About the booklet and the project

This publication is a product of the EU-South-Baltic-project "Let's do It – South Baltic Initiatives to Stop Climate Change", which 2016-18 was a cooperation between 7 schools in DE, DK, PL, LT & SE.

"Let's do It" received funding from the priority axis "Increasing cooperation capacity of local actors in the South Baltic area for the blue and green growth".

"Let's do It" did also issue the brochure "Recommendations concerning working with the theme of Stop Climate Changes in Schools".



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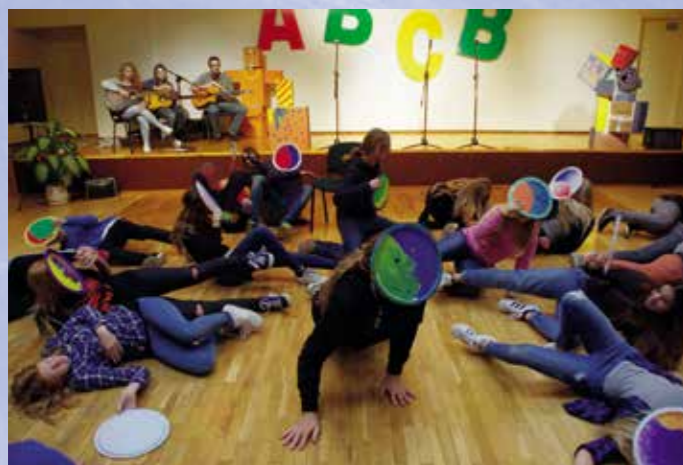




## What is an exchange?

Youth-Exchange is the word used by EU-Erasmus+ program (as well as its predecessor "Youth in Action") for an international youthcamp, international mobility, according to the rules of these EU-programs.

In our context it is an international, artbased on-campus project, at which 40-50 young people of same age from 3-5 different countries live, eat and work together during a week according to an approved program.



## Youth-exchange "International Dimension 2"

hosted by CultHus

in Wejherowo, PL, 20-26.9.2014

with participants from LV, PL & DK



Time:	Sat. 20.9	Sun. 21.9	Mon. 22.9	Tue. 23.9	Wed. 24.9	Thur. 25.9	Fri. 26.9
		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9-10		Warming-up	Warming-Up	Warming-Up	Warming-Up	Free-time	Dept. Bus
10-12:30		Circle - Contract	Workshops	Workshops	Performance at school		
13:00		Lunch & walk in neighbourhood	Lunch	Lunch	Packed Lunch	Lunch	Evaluation, Youthpass & Closing circle
15:00		Presentation & choice of art- workshop	Workshops	Internal presentation of workshop- results	Performance at School		
18:00	Arr. bus from DK & from LV	Reflection-time	Reflection-time	Reflection-time	Sight-seeing & Free-time		
19:00		Dinner	Dinner	Dinner	Dinner		
20:00	Dinner	Intercult. Evening	Info about Youthpas	Dressed Rehearsal	21: Evening Circle-Reflection	Dinner	Watching project-video
	Circle & Welcome to PL	Presentation from each country	YiA, DfP & Erasmus+				
22:00							



# Tasks for project-leader

before the project takes place

- > Make info-letter with program and send to coordinators in project-partner-organisations.
- > Collect names of participants
- > Prepare list of participants for signatures
- > Make accommodation-plan
- > Make certificates (youthpass if it is an Erasmus+ youth-exchange)
- > Check catering
- > Send info-emails to coordinators & group-leaders about travel-times, intercultural evening etc
- > Arrange local performances (where, when) & sight-seeing (mainly local host-work)
- > To prepare equipment for workshops – contact to host-organisation.
- > Make sure that a staff-member will make a presentation on the project theme at first Morning Circle.



# Morning Circle

A very important part of the program are the circle-gatherings, which mainly take places in the morning, but can happen at any time.

They include a row of games, exercisese, in order to make a relaxed learning-friendly atmosphere, a safe place for everyone.

A part of the circles are also the presentation, where each person, in English and in front of a big group of strangers are saying a few words, which on the first day is:

1) My name is .....

2) I come from .....

3) I am ..... years old.





# Tasks for project-leader

during the project

- >Most important thing is to know the program well and to keep the timing;
- >Being especially aware of bus-times and meeting-places, if groups are out of the camp;
- >To direct daily staff-meetings;
- >Get a good team-spirit and be sure staff-members get to know each-other
- >Run through the program there, inform especially on changes;
- >Tell group-leaders that they are responsible for their own group being on time a.o.
- >Be sure that groups are using reflection-time for this;
- >Ask group-leaders about people's well-being;
- >To collect signatures from all young participants & group-leaders (a demand from most funding-sources)
- >To sign certificates;
- >To direct, at least, first morning circle including a contract of respect & good spirit - try to get other groups to take over on this for the following days;
- >Always be wearing the phone-list + insurance details
- >Have knowledge about insurance-matters (in EFA-projects: GOUDA-Police-no 470-74-37 with Drums for Peace – Emergency-no: +45 3315 6060 (24/7) and coordinate with host-group in case of accidents. Best to call them before going to hospital / doctor, if possible.
- >To coordinate "Intercultural Evening":with small performance + exhibition-table from each country:
- >Try mixed groups with 2-3 from each country, when visiting the tables, in order to promote communication.
- >To make evening presentation of Erasmus+, Exchanges for All and other relevant EU-programs and/or organisations
- >To coordinate other work as for example work on project-theme: work with "Stop Climate Change" in Exchanges for All & Let's do It projects
- >To check appointments on performances, bus-times etc;
- >To assist workshop-leaders:
- >With equipment/ contact to hosts / local people
- >Getting knowledge about venues for performances / eventually going there on forehand
- >To organize with group-leaders photos (incl. group-photo) for documentation and, if possible, video of performance

# Intercultural Evening

Intercultural Evening is a standard for most international projects involving young people and/or youthworkers & teachers.

From home the participants have prepared a presentation of their organisation, city, region and country (best as a small performance – avoid premade touristvideos) and they have also brought food-tasters, posters and brochures for making a small exhibition about this.





# Tasks for organisations taking part in an exchange-project

but mainly for the host-organisation

Before the exchange is taking place, in fact at the same time as fund-raising is happening, it is important to find a useable project-venue, which must include:

- > Accommodation for the actual number of participants, usually 50-55;
- > It is fair to offer a single-room for the project-leader & workshop-leaders & 2-bed-rooms for group-leaders;
- > Catering for the participants including packed-lunch for sight-seeing and on departure day;
- > Rooms for the workshops of which one must be big enough to be used for full-group exercises as well as for a dance-workshop.

There are several things that each time must be prepared by the local hosts:

- > Agreements with other schools for presentation of results;
- > Eventual visit in own school and connection to language-teachers a.o. there;
- > Local sight-seeing, preferably guided by local youth;
- > Eventual bus-sight-seeing;
- > Contact to the media and writing press-release;
- > Food and accommodation.

All participating institutions will be asked to prepare a feature for the intercultural evening, representing their country and local areas and they will have to bring traditional food/tasters, posters and brochures for an exhibition.

# Artistic Workshops

Our artistic workshops are taking most of the programmed time, but basically they are a catalyst for communication & cooperation.

The arts have shown to be very effective in actively involving together all kinds of young people.

The workshop-leaders are very experienced both concerning their specific artform and for working with young people, and a list of most of them may be seen here:

<http://www.drumsforpeace-network.org/artists%20profile/artists.html>





## Tasks for group-leaders

before, during and after an exchange

The primary task for group-leaders is to make sure that the young people have the necessary information about traveling, activities and schedule, from preparation and departure until arrival back home.

It's very important that group leaders always are an encouraging support for the young people. Group-leaders are also responsible for preparation of the participants and for a follow-up-evaluation. Group-leaders are expected, together with their young people, to have contact to local media and make them write about the project as well before as during and after the project.



## Contact-details to schools

that have been involved with "Exchanges for All" & "Let's do It"

**Prof. Franz Bunke Schule, Schwaan, DE**

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**Sophieskolen (aka Fjordskolen), Nykøbing F, Guldborgsund, DK**

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**Draudzīgā aicinājuma Liepājas pilsētas 5. Vidusskola, Liepaja, LV**

[www.5vsk.liepaja.edu.lv](http://www.5vsk.liepaja.edu.lv), e-mail: [5vsk@liepaja.edu.lv](mailto:5vsk@liepaja.edu.lv)

**Gargzdu Minijos progimnazija, Garzdai, LT**

[www.minijos.lt](http://www.minijos.lt), e-mail: [minijam@mail.lt](mailto:minijam@mail.lt)

**Klaipėdos Sendvario progimnazija, Klaipėda, LT**

[www.sendvaris.klaipeda.lm.lt](http://www.sendvaris.klaipeda.lm.lt), e-mail: [sendvario.progimnazija@gmail.com](mailto:sendvario.progimnazija@gmail.com)

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# Performing

## showing the results from the workshops

We believe that having the possibility of immediately using the new, learned skills increases the learning-motivation and energy, and so showing the result of the workshops to other young people is an integrated part of our projects.

